

Ride the Ups and Downs

Saturday, May 1, 2010

Ride the Ups and Downs is a 1-day tour, not a race, of beautiful northwestern Illinois, an area untouched by glaciers. You'll be riding on the scenic, hilly Illinois backroads of Jo Daviess County - **25/31/52/61-mile** routes on hard surface roads.

"A picturesque gem, Elizabeth gleams amidst lush valleys, high ridges and long views in the heart of Jo Daviess County." (1997 Visitors Guide)

Recommendations:

- ◆ Wear a helmet!
- ◆ Wear appropriate clothing.
- ◆ Bring a bicycle that is in good mechanical condition.
- ◆ Be prepared for hills!



For more information on Elizabeth, check out our web site, www.elizabeth-il.com.

Not a rider or looking for some other fun? Participate in Elizabeth's **Annual Spring Fling** on day of ride. Craft and Food Fair - Sidewalk Sales - Library Book Sales - Activities at the Apple River Fort - Visit the Great Western Railroad Museum - Petting Zoo, Pony rides, and other fun stuff for kids in downtown Elizabeth.

Place: Elizabeth, Illinois

Registration: Jo Daviess/Carroll Area Vocational Center (AVC), 950 U. S. 20 West, Elizabeth between 7:30am-9:30am. Telephone no.on day of ride: 815-275-0041.

Time: Riders must begin between 7:30am-9:30am.

Fee: \$15 by April 24; \$20.00 after. Fee includes well-marked color-coded maps, sag service, and snacks on the route, T-shirts may be ordered for \$10.00, but must be ordered in advance.



Lodging Information

It is essential to make room reservations in advance as this is a tourist area. Just call the Galena/Jo Daviess County Convention and Visitors Bureau, **800/747-9377**, between 9am and 5pm. They will also be happy to send you the Visitors Guide. Jo Daviess County has lots of unique places to stay - B&B's, hotel, motels, and resorts. There are also state parks in the area for camping.

Reproduce this flyer or e-mail for additional ones. E-Mail Jerry at bausmana@gmail.com



Ride the Ups and Downs

Registration Form

Fee: \$15 per individual before April 24; \$20 after. T-shirt may be ordered for \$10.

Rider name(s)	Size of T-shirt (S,M,L,XL,XXL)	Total
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#1

#2

#3

#4

Name

Mailing Address - Street No., City, State and Zip Code

Telephone Number

#1 Signature

Date

Disclaimer: In signing this form for myself or the named participant(s) (if he or she is under 18 years of age), I understand and agree to absolve all organizations, singly and collectively, of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in the 2010 Ride the Ups and Downs, or any of the activities associated with said event.

Send check, payable to Elizabeth Chamber of Commerce, and this form to PO Box 371, Elizabeth, IL 61028. Sorry, no refunds.

